



**Real Connection.
Real Change.**

info@chosen.care



www.chosen.care



When it feels like you've run out of options, we've got a better way.



We know parenting children who have experienced trauma can be extremely difficult. Challenging behaviors, emotional dysregulation and developmental delays can make your parenting journey not only exhausting but deeply painful—especially when no amount of love or time-outs or well-meaning advice from others seems to make any difference.

We know from experience that no child is without hope of healing, and no family is beyond the possibility of change. You just have to use the right approach. Chosen is here to help you lead real change in your family.

Real change is possible — and it starts with you.

Chosen empowers parents and caregivers like you to lead change in your families through connection and attachment, making way for peace and joy to return to your home. Through trauma-responsive parenting education, counseling, coaching and more, we equip you to pursue connection and help your child heal.

It's not the easy way. It is the way that works.

A recent study of families Chosen has served showed that...

 **91%**

Said working with Chosen helped with the problems in their families.

 **81%**

Had been considering disruption of placement, but working with Chosen changed their minds.

PARENT-DIRECTED SERVICES

We offer unique, trauma-responsive programs with practical help for foster parents, adoptive parents, kinship and relative caregivers, and reunified parents, including:

- One-on-one parenting coaching
- Personalized care management
- Practical tools and resources
- Crisis support
- Clinical assessments

PROFESSIONAL TRAININGS

Whether you're a caregiver or a professional in the child welfare space, we offer specific trauma-responsive trainings that will equip you to help the children you serve heal. Our training sessions:

- Offer comprehensive deep-dives into essential topics
- Include flexible learning options
- Provide personal and professional expertise
- Are applicable for students across a variety of disciplines



Connect with your child and bring peace to your home.

We'd love to come alongside you on this journey with proven, practical help. Learn more about Chosen and explore our parent resources at chosen.care or by scanning the code below.

Contact Us



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